

PLAYTIME!

Play a game of Hide and Seek.

Pretend to be dinosaurs or favorite animals.

Play "Go Fish" or another simple card game.

Play a board game.

Pretend to have a cooking show and let your child act out their favorite recipes with forming clay.

Build with blocks. See who can make the tallest tower without it falling over.

Make paper airplanes and see how far you can make them fly.

Draw or color together.

Act out situations with dolls or action figures. You can also use this method to work on social skills.

Make friendship bracelets.

Do a puppet show with sock puppets.

Have a dance break with your child's favorite music.

Have a tea party! Help your child to "invite" their favorite toys.

Play ball! This may mean rolling a ball back and forth, tossing to each other, or even playing something like soccer or basketball.

Do a scavenger hunt. For younger kids, this could mean just hiding one item somewhere in the living room and provide clues about where to find it. For older kids, give them a list of items (something red, a picture of your sibling, something soft) and have them find and identify these items.

Make hand art. Either trace their hand or let them dip it in paint, and then see what they turn their handprints into.

Maybe a turkey or a flower or even a spaceship!

Have an indoor family picnic or camp out in the living room.

Go cloud spotting! See what shapes you and your child can find in the clouds.